palm springs
Front Runners & WALKERS
Road Runner News

DEDICATED TO HEALTH AND FITNESS FROM DAILY EXERCISE

April 2015/ Volume 18 No. 4

ANNIVERSARY DINNER

Thanks to everyone for your support

With the palm springs desert winds jazz band and Rick Vargas as our DJ, the 18th anniversary dinner was great fun for all. The founders award went to 2 of our members this year (it was very hard to decide). They both put a lot of time and effort into our organization; congratulations to Kathi Garcin and Allan Lamb.

FRONTRUNNERS COMPETE
in Palm Springs Half Marathon

A number of our runners competed in the 17th annual Palm Springs Half-Marathon, either as individual participants or as members of relay teams. The race was held on Sunday morning, February 8th. Several of the teams and runners placed in their age and gender categories and took home some hardware as a result.

Individual runners:

Troy Skinner
Matthew Finnerty
Jason Ainge
Robert Bryant

and former PS Frontrunner...

Michael Ambrose

Relay teams:

A Rose between Two Thorns
Tim Hayes, Kathi Garcin & Randy Roark

Three Gray Hares
Nick Hale, Keith Culver & Dean Parmer

Two Dudes and One Cool Chick
Dennis Naber, Lauri Aylaian & Mike Spencer

All of the runners were grateful for the fabulous water station manned by volunteers from the club. A heartfelt thank you to those volunteers who spent several hours handing out water & Gatorade:

Allan Lamb
John Burton
Ken Selig
Richard Bass
Rob Bohart
Jim Early
Don Ricart
Bob English
Frank English
Jay Juiliano
Ken Spreng
Craig Wortendyke
Ed Woch
David Ritland

MARK YOUR CALENDARS

APRIL BIRTHDAYS

1st- Jack Faust

2nd- Dick Burkett
Dutch Blue

3rd- Tom W. Tucker

4th- Marco A Cicerone
Robert Bryant
Martin S Freedman
Tom Nico

7th- Ronald Martin

8th- Leonard Dazzo

10th- Howard Drake

11th- Don Lawson
Mike Spencer

12th- Ken Spreng

15th- Ron DeArmond

16th- John Varanelli

18th- Evan Russell

19th- George McCaffrey

21st- RICHARD BASS

22nd- Bob O Schmidt
Don McVay

23rd- Andrew L Anderson

24th- Dick Griffith

30th- Ed Wynne

NEW MEMBERS

Wayne Biswurm

Carl Ives

APRIL

11th - Phonix Pride Run

MAY

3rd - Cinco de Mayo Potluck

17th - Long Beach 5k/10k

JUNE

JULY

18th - San Diego 5k

TREASURERS REPORT

At least once a year the membership is entitled to a financial report to advise the status of the Club's finances. Below is a table that shows the budget for calendar year 2014 and the actual results for the year as well as a budget for 2015 that has been approved by the Board.

	BUDGET 2014	ACTUAL 2014	BUDGET 2015
REVENUES			
membership dues	11,000	11,325	12,950
advertising	1,500	1,250	1,000
net from travel	2,000	2,164	2,000
sub-total	14,500	14,739	15,950
EXPENSES			
general	(7,500)	(6,218)	(6,800)
social	(5,000)	(3,263)	(5,000)
participation in pride run/walk			(4,500)
year-end charitable donations	(2,000)	(3,000)	(2,000)
sub-total	(14,000)	(12,481)	(18,300)
NET GAIN (LOSS)	(100)	2,258	2,350

If you have questions or comments regarding any of the Club's finances, please contact me at califklc@aol.com and I will be happy to give you feedback as best I can.

Keith Culver
Treausrer

Most of the Club's revenues come from membership dues, which have been increased for the membership year starting February 1, 2015, to $35 from $30. The Club also enjoys some revenue from local businesses that advertise in our newsletters. The Club also generates a net profit from the trips that are organized by the Club. Trip prices are set to insure that the Club does not lose money if a trip does not sell out, and to encourage membership in the Club by charging more to non-members. The effect of these policies for the past few years has been to generate a small profit for the Club.

General expenses include maintenance fees for the Club's website (based on an amount per month for each active member) and credit card fees. General expenses also include approximately $2,000 per year for insurance and for dues to belong to the Road Runners Club of America that is the umbrella organization for our Club to be a non-profit organization under federal and state tax laws.

Social expenses include Club costs for the annual anniversary dinner, which is partially subsidized by the Club, the Pride weekend reception, the Christmas party, potlucks and other social events.

A new expense for 2015 is for participation in the Pride 5K Run and Walk. Although no Pride Run/Walk was held in 2014, it has been an annual event for the past few years. One of the Club's objectives, in addition to promoting health and fitness through walking and running, is to contribute to our local community, and the Pride Run/Walk is the only fund-raising event that historically the Club has pursued. To encourage participation in the 2015 Pride Run/Walk, the Board has budgeted to pay the registration costs of Club members who will walk or run in the event.

The PrideRun/Walk has historically had one or two designated local charitable organizations as beneficiaries, and in addition, the Club has made year-end donations to the Center (where the Board has its monthly meetings) and to Mizell. These year-end donations are budgeted to continue for 2015.

The budget for 2014 planned for a net loss of $100 but in fact, the Club generated a gain of $2,258 by having slightly higher revenues than budgeted and by under-spending expenses. The budget approved for 2015 plans for a loss of $2,350. The Club has sufficient cash on hand to absorb this loss, and the Board preferred this approach rather than increasing dues by a greater amount.

The Board has approved having another 5K run and walk during Pride weekend in Palm Springs as the major fund-raiser for the Club in 2015. Keith Culver has volunteered to be Race Director and will be organizing a Steering Committee to help with planning and organizing the event.

If you have any interest in joining the Steering Committee, please contact the president, Jay Juiliano, at jay.psfrw@gmail, or Keith Culver at califklc@aol.com.

ADVERTISING INFORMATION

We would like to thank our long time newsletter advertisers: Help-U-Hear Center with locations in Palm Springs & Rancho Mirage, Tom Gleason - State Farm Insurance, and Jack Ellison - Independent Financial Group.

please let them know how much we APPRECIATE them!

You might be interested to know, in a recent survey of our members, 63% indicated they have contacted and/or used an advertiser listed in the newsletter. You can inform us of your intention to run an ad and send a copy of the ad as an attachment in a JPG format to allanrlamb@hotmail.com

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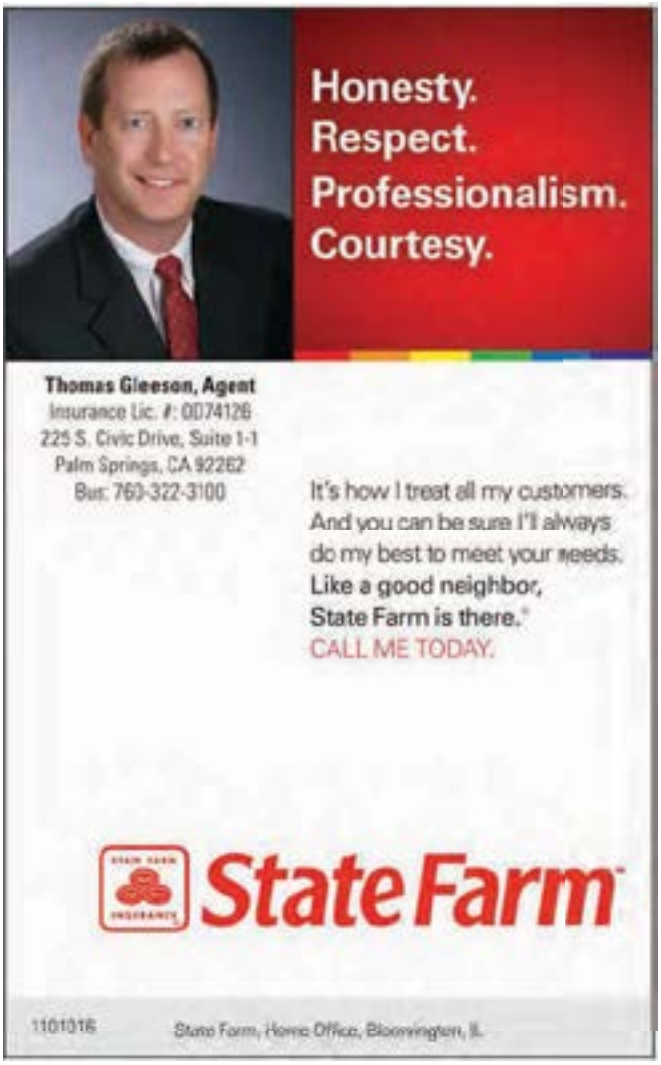

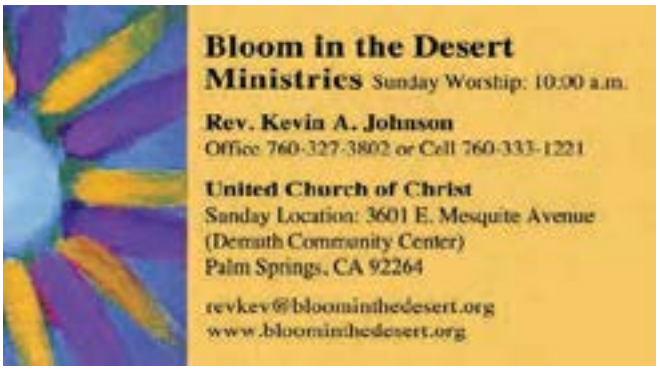

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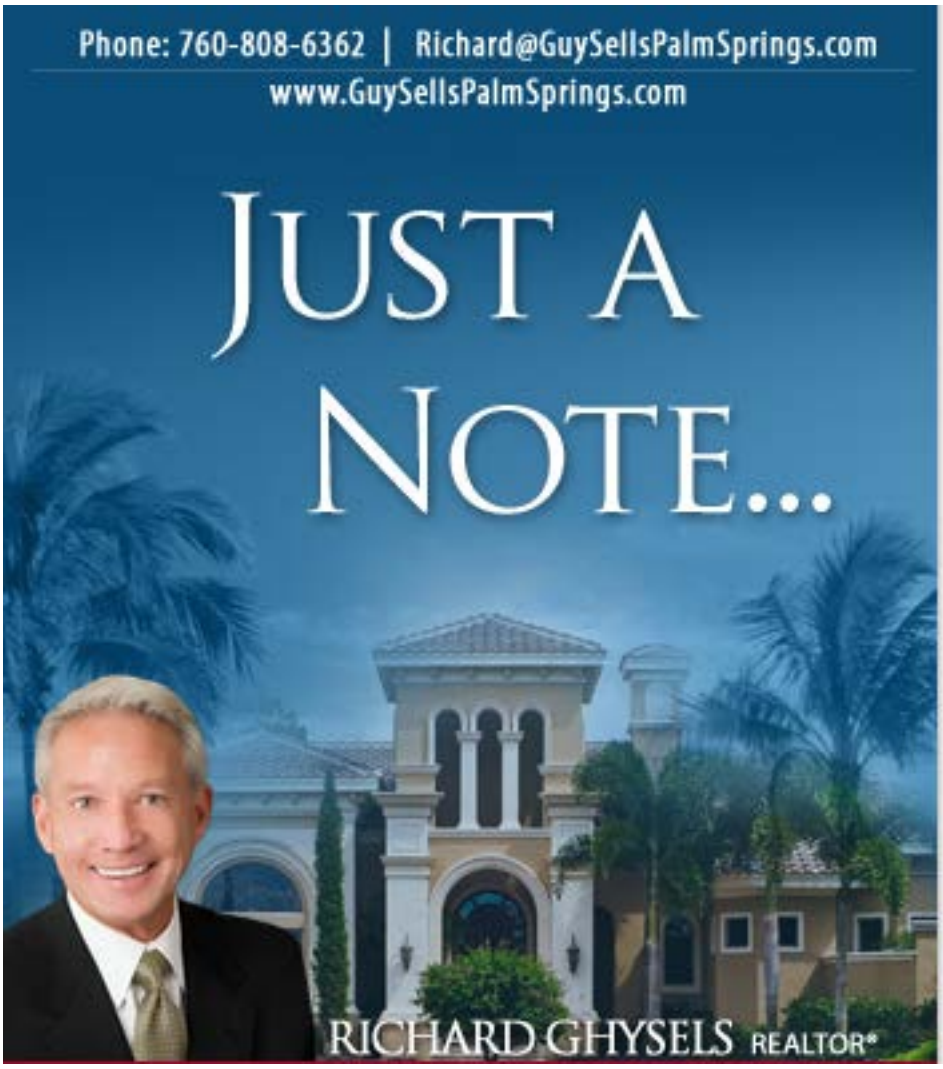

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